

MDS fashion 101

DRESSING FOR THE JOB SITE



MODESTY PLEASE

Wear durable clothing and follow these fashion rules when serving on MDS project sites:

Closed-toe shoes

Shirts with sleeves

Covered midriff

Modest necklines

Knee-length shorts or long pants



Why do you need to dress modestly?

- You are a witness to the communities in which we serve.
- Respect for the diverse groups that serve with MDS.
- Safety: Exposed skin is more likely to be sunburned, bitten by bugs and scratched while working. Exposed toes are more easily injured.



Dress for the season.

Did you check the weather at your destination? Layers work best for winter and wet weather.

Don't be caught empty-handed

VOLUNTEER SURVIVAL CHECKLIST

PLAN AHEAD

- ☐ Schedule your date and location online at mds.mennonite.net or call MDS.
- ☐ Each person joining the group should complete the online registration or paper form before service.
- ☐ Volunteers should arrive at the MDS project base no earlier than late Sunday afternoon. Volunteers are expected to serve the full 5 days on the project site (Monday through Friday), leaving after the work day on Friday evening, or on Saturday morning.
- ☐ Plan your travel arrangements.
- ☐ Learn about the community in which you will be serving.
- ☐ Take a skills training course on how to drywall or paint (Home Depot has classes) or have someone skilled show you.
- ☐ Share your plans with your church family.
- ☐ Make sure your tetanus shot is up-to-date.



Tools: MDS has tools on project sites for you to use. You may wish to bring small tools and personal tool belts.

Check with the volunteer coordinator for tool requirements at your location.

PACKING LIST

Everybody needs:

- ☐ Durable clothes that can get dirty (lots of them) and that meet the MDS dress code
- ☐ Closed-toe shoes for the job site
- ☐ Hat and sunglasses
- ☐ Sunscreen lotion
- ☐ Photo ID
- ☐ Health insurance card
- ☐ Water bottle (optional—MDS usually provides)

For overnight stays:

- ☐ Towels
- ☐ Toiletries
- ☐ Bedding and pillow
- ☐ Flip flops for showering
- ☐ Flashlight
- ☐ Bible
- ☐ Favorite devotional
- ☐ Musical instrument to help with worship
- ☐ Cards or games
- ☐ Camera
- ☐ Nice outfit for special events (long-term volunteers)
- ☐ Favorite recipes and cooking utensils (if you're the cook)